December

NO BOOZE NEWS

2019

East Valley
Intergroup, Inc.
1320 E. Broadway,
Suite 105
Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org

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The Big Three!

She was excited to get her 30 days, but how was she ever going to face the upcoming holiday season?

From the December 2015 Grapevine.

On October 14, 1987, I fell to my knees in my pigpen and said, "God help me." I had never said it before with such desperation. Around 4:00 a.m., I called AA's hotline. Two women came to my home and told me about alcoholism and let me know that God does love me. Oh, how I needed to hear that.

Quote of the Month

... I'm most certain that we are, after all, on a Pilgrim's Progress, leading to an everupward ascent towards God. This (life) is nothing, in my belief, but a kindergarten mansion in which we get the rudiments of direction for the longer journey. And in any case, if we fail in this, we get another chance at the next stop. . .

-- Bill W.

After I had cleaned myself up and slept a bit, the women took me to my first meeting at 10:00 a.m. at a treatment/mental ward facility. It was a small meeting with just them and about nine patients. The patients were dressed in cotton pajamas and wore robes without belts. When I heard "How It Works" read for the first time, I immediately knew it was the truth. The patients began to talk and again I heard more truth. They told me I was sick, but that I was going to get well. They told me I was in the right place, doing the right thing. But I was saying to myself, What's wrong with this picture? They're locked up in here, and they are telling me that I'm going to be OK! It was the truth that was getting to me. I was no different than they were.

I started going to two or three meetings a day after that. I knew that wherever this journey took me, it was going to be a better place than where I had been. I found hope that there really was a better way to live. I took my 24-hour chip the next day. I had no idea how long 24 hours was. It's a long time for a drunk to go without a drink.

At the end of my drinking, I would drink, black out, and then continue to drink until I passed out. I'd wake up with a full drink on my night table and then take it to the kitchen and pour it down the sink. Next, I would look for the bottle to see how much I had drunk. Later, I'd look for the bottle to see how much I had left to start the next day. This was just in case I needed to stop and replenish on my way home from work. Just when had I become a daily drinker? I finally realized I was a "maintenance" drinker.

Soon I was getting my 30-day chip and it was already November. Suddenly, I became overwhelmed when I realized that the three biggest holidays that always tore me up emotionally were heading my way: Thanksgiving, Christmas

and New Year's Eve! Members around me began to talk about getting involved in service work. They began planning marathon meetings. So I could go to meetings for 24 solid hours that day? I finally had a place to go on the holidays where I would not feel

Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

alone and I could feel safe.

Thanksgiving was now upon me. So I cooked a turkey and headed to my local clubhouse for the entire day and night. Most meetings were on the topic of gratitude. I was still uncomfortable with that topic, to say the least, but I listened to those old-timers no matter what. By the end of the marathon meetings, I was grateful to be still sober and headed toward my 60-day chip through a vale of tears. One holiday down and two to go.

Christmas was now coming like a freight train. My anxiety lessened as I again heard about marathon meetings for all day Christmas Eve and Christmas Day. Oh boy, was I happy. I would go to the clubhouse again. This time I stepped in to chair meetings, to clean up after the potluck, and to make one pot of coffee after another. Giving of myself was new for me. I had been such a taker for so long. One big change I made about Christmas was that I quit spending money I didn't have on people I didn't like anyway. Even though many hearts in those meetings were crying inside, it was so great to hear all the laughter. I began to enjoy it. However, I only laughed at the crazy stories of other people and was not quite ready to laugh at myself yet. All I knew was that there was no turning back for me. Now there was only one more holiday to go.

Unhealthy relationships were all I knew. Any single person has the painful longing to have a date on New Year's Eve, right? Now they were talking about a sober dance with the marathon meetings. I told myself I could go, but I was not going to dance. I couldn't imagine letting anyone touch me. After 90 days, I had just worked up to some hugs at the meetings, but not from just anyone. So I chaired many meetings and cleaned up after the potluck. Finally, I was smiling more than I was crying in the meetings.

After each holiday, reality would set in as news came in the next week about our fallen comrades. I would scream inside saying, Oh, no! How could this happen? I learned right away that length of sobriety is no guarantee, that all I have is a daily reprieve contingent upon my spiritual maintenance.

I learned so much that first holiday season. From Thanksgiving, I learned about gratitude and that every day can be Thanksgiving. From Christmas, I learned about giving and that the holiday did not come wrapped up with a bow. And from New Year's Eve, I learned about "one day at a time." So I say this season, with love in my heart, stay close to AA, be grateful and give of yourselves. It worked for me.

—Patt S., Yuma, Ariz.

PO Box 1980

The shadow of fear

When my AA sponsor helped me through the Fourth and Fifth Steps, I learned that fear is like a shadow that's just behind resentment. Over ten years ago, I felt that my obsessive-compulsive disorder made me nothing but a worthless failure, even though I was sober. My sponsor wanted to know it I was doing my best to live a sober life. I said, "Yes." He said that to continue, I must get over my resentments.

Today, the Twelve Steps and our Fellowship have inspired me to no longer think of myself as mentally ill. Instead, I think of myself as having a mental challenge that can be overcome--as long as I'm sober. I have even learned that it is possible to be successfully obsessive. I am obsessive that I stay sober and live spiritually fit for today, no matter what challenges life brings me. -- Bruce K. Tucson, Arizona

Words From the Big Book

Perhaps you are not acquainted with any drinkers who want to recover. You can easily find some by asking a few doctors, ministers, priests or hospitals. They will be only too glad to assist you. Don't start out as an evangelist or reformer. Unfortunately a lot of prejudice exists. You will be handicapped if you arouse it. Ministers and doctors are competent and you can learn much from them if you wish, but it happens that because of your own drinking experience you can be uniquely useful to other alcoholics. So cooperate; never criticize. To be helpful is our only aim.

When you discover a prospect for Alcoholics Anonymous, find out all you can about him. If he does not want to stop drinking, don't waste time trying to persuade him. You may spoil a later opportunity. This advice is given for his family also. They should be patient, realizing they are dealing with a sick person. — **PG 89**

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

| EAST VALLEY INTERGROUP – Gratitude With Service form revised 2/09 | | | |
|--|--|--|--|
| Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204 (480) 827-1905 <i>e-maik</i> info@aamesaaz.org www.aamesaaz.org | | | |
| Date *First Name | | | |
| Address | *Phone | | |
| *City *\$T | *Zip *Gender | | |
| *Sobriety Date Home Group | | | |
| e-mail address | Alt Phone | | |
| * = required for listing in 12 th Step List | | | |
| Volunteer Service Options | Committees of Interest | | |
| Check only those you are willing to commit time to | Check only those you are willing to serve on | | |
| 12 th Step List Volunteer Phones Night & Weekend | [] Public Information / Cooperation with the | | |
| [] Weeknights [] Weekends | Professional Community | | |
| [] Weekends [] Weeknights | [] Special Events | | |
| [] Weekdays | [] Literature | | |
| | [] Newsletter (No Booze News) | | |
| [] Office Phone Volunteer [] Unity Committee | | | |
| [] Other Office Help | [] Deliver A Meeting | | |



ROUNDUPS, CAMPOUTS AND CONFERENCES

RIVER ROUNDUP

JANUARY 9 ~ 12, 2020 RIVERSIDE RESORT LAUGHLIN NV



FELLOWSHIP OF THE SPIRIT

JANUARY 17 ~ 19 2020 POCO DIABLO RESORT SEDONA AZ

SUNLIGHT OF THE SPIRIT

FEBRUARY 21 ~ 23, 2020 1440 W DESERT HILLS DR. YUMA AZ (YUMA CIVIC CENTER)



Agua Fria Christmas Alcathon

12pm, December 24th to 12pm, December 25th 9824 W Camelback Rd. Glendale AZ

Agua Fria New Years Eve

Saturday, December 31st 2017 Speaker Meeting and Masquerade Ball 8045 N 47th Ave, Glendale AZ

PRASA

(Pacific Region Alcoholics Anonymous Service Assembly)

Save the Date

March 6 - 8, 2020

Tucson AZ

2019 EVI 1st Annual *New Years Eve Party*

6:00pm December 31
2222 S Price Rd. Tempe
(Church of the Epiphany)
Speaker Meeting
Fellowship and Recovery
Dinner and Dance \$15



2020 Alcoholics Anonymous International Convention

July 2nd - 5th

Detroit MI

Online registration is now open

Housing is still available

More information is available at

aa.org

Monthly Campfire Meeting

Last Saturday of the Month @7:30pm 2757 E Guadalupe Rd. Gilbert AZ Riparian Preserve and Water Park (take Cattail Crawl Trail to Honey Bee Point)



| Name | Date | Days |
|-------------|------------|-------|
| Patricia C | 12/31/1975 | 16071 |
| Steve C | 12/23/1981 | 13879 |
| Mike S | 12/17/1984 | 12783 |
| Gary P | 12/18/1984 | 12783 |
| Lee N | | 12053 |
| Shelly P | 12/21/1986 | 12053 |
| Thomas M | 12/27/1988 | 11322 |
| Tom P | 12/18/1989 | 10957 |
| Joe D | 12/28/1989 | 10957 |
| Joe C | 12/1/1990 | 10957 |
| Carrie H | 12/2/1990 | 10592 |
| Lois L | 12/3/1991 | 10592 |
| Robin F | 12/13/1993 | 10227 |
| Scott K | | 8776 |
| Karen N | 12/12/1996 | 8400 |
| Bridgitte L | 12/25/1997 | 8035 |
| Paul P | 12/19/2000 | 6939 |
| Maria D | 12/13/2001 | 6574 |
| Terry B | 12/20/2002 | 6209 |
| Jared H | 12/13/2004 | 5478 |
| Robert J | 12/20/2004 | 5478 |
| Sharon A | 12/4/2008 | 4017 |
| Lars S | 12/26/2008 | 4017 |
| Sheila H | | 3652 |
| Jim T | | 3652 |
| Corie R | 12/29/2009 | 3652 |
| Andrea M | 12/4/2011 | 2922 |
| Jeff R | 12/5/2011 | 2922 |
| Jan N | 12/26/2011 | 2922 |
| Susan B | 12/19/2012 | 2556 |
| Jeremiah N | 12/1/2013 | 2191 |
| Jeff B | | 2191 |
| Erik J | 12/25/2013 | 2191 |
| John S | 12/20/2014 | 1826 |
| Victor V | | 1461 |
| Hope J | 12/24/2017 | 730 |
| | | |

<u>Step Twelve</u>~ Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

<u>Tradition Twelve</u>~ Anonymity is the spiritual foundation of all our Traditions, ever reminding us

to place principles before personalities.

Concept Twelve ~ The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

THE DRUNK WAS APPLYING for a new job. A serious-looking personnel manager told her that the company needed an individual who was very responsible.

At Wits End

"I sure qualify, then," she said. "Everywhere I've worked, whenever something went wrong, I was responsible." -- **Bob M. Green Valley, Arizona**

FROM JOHN D. of Phoenix, Arizona

comes this definition of false pride: Lying in the gutter, looking down on the rest of the world.

Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org





PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop



Third Friday's at 6:15 pm Before the monthly business meeting at

2222 S Price Rd. Tempe (Church of the Epiphany)

Or

Workshops can be done at your Group!



For more information Call Beth H

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

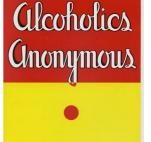
235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

January 4th ~ TBD



EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
2222 S Price Rd. Tempe
(Church of the Epiphany)

contact: 480 827-1905

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

2222 S Price Rd. Tempe

(Church of the Epiphany)

Contact 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.



EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

2222 S Price Rd. Tempe

(Church of the Epiphany)

Dec. 6th ~ Ahwatukee Women's

Jan. 3rd ~ TBD

These are subject to change - so keep watching.

Central Office Manager's Report November 15, 2019

Welcome home to all our Winter Members, it is good to have you back. Many of you have called or stopped by to say hello and volunteer for service work during the winter months. Thanks to all of you for your commitment to service and sobriety.

We received 560 requests for information and assistance in October. Of those 155 calls were for meeting info, 161 were office visitors and 11 resulted in a good old fashioned 12 step call. Google reported 13,393 viewed our info page. Of those, 49 got directions to the office, 49 called and 268 went to our website. Our website stays busy too. It had 41,625 visits in the last 30 days.

Literature orders have been received from both AAWS and Grapevine. We now have a complete selection of all AA produced literature, including the new Grapevine books, for your holiday needs. Please support your local Intergroup by purchasing A.A. produced literature from local A.A. sources. We are your most affordable source for A.A. literature.

Please inform your group of the Meeting Guide app. It is a free app licensed by Alcoholics Anonymous to help people find meetings and contacts near them. It pulls its information directly from our local websites so let us know if anything is not listing correctly. We want to keep our directory and this app as accurate as possible.

AAWS is considering including a meeting finder on their website. Its information would be created from existing directories on local intergroup and district websites similar to how the Meeting Guide app compiles its information. It would also direct users to their local Intergroup's for more information.

We are in the process of making a Holiday Event Schedule again this year for the phone volunteers and anyone interested in so ber festivities. If your group is planning an Alcathon or any other special schedule changes for the holidays, please let me know so we can share that information with the Fellowship.

Service opportunities are available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim W. Central Office Manager East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

| | Oct | 2019 |
|---------------------------------|-----|----------|
| Meeting Information Calls | 155 | 1353 |
| General Information | 108 | 764 |
| Referred to Salt River Intergro | up5 | 46 |
| Referred to Al-Anon | 13 | 107 |
| Referred to Community Info | 1 | 5 |
| 12th Step Calls | 11 | 99 |
| Business Calls | 106 | 876 |
| Office Visitors | 161 | 1468 |
| Meeting lists printed | 800 | 8,200 |
| Info request via E-mail | 44 | 503 |
| Desk Volunteers-Reg/Sub/No | ne | 29/ 6/ 2 |
| Desk Volunteers-Reg HRS YTI | D | 1380hrs |
| l | | |

Web Stats

Website Visits last 30 days 41,625 YTD 455,201

Google Searches last 30 days 13,393

Meeting List Updates...

New Meetings:

| The Tribe | 3208 S. Fair Lane, Tempe | MO 6:30b | w,O |
|---------------|---------------------------------------|------------|--------|
| Tumbleweeds | 901W Erie St. Chandler Starts Dec 8th | SU 6:00p | С |
| No Name Group | 6935 E Williams Field Rd. Mesa | SA 8:00a | 0 |
| Gilbert Guys | 1159 N Greenfield Rd Gilbert | TH 7:00p I | л вв с |

Changes:

| The Way Out Moving Dec. 12 to: 1534 N Recker Rd. | TH 7:00p C |
|--|------------------|
| Gold Canyon 12 X 12 Moved to: 5301 S Kings Ranch Rd. | MO 7:00p C |
| Women in Gratitude Moved to: 2936 N Power Rd. Mesa | TU 7:00p W,O |
| Valley Alano Club Moved to: 2310 N 56th St. Bldg A Phoenix | r - All Meetings |

Deletions:

Putting God First 2540 W Baseline Rd. Mesa SA 7:00p O

East Valley Intergroup 1320 E. Broadway Rd. # 105 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer PO Box 18765 Tucson, AZ 85371 *Make Check To: AZ Area Committee* District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities 10% to District 10% to Area 30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



| GROUP | Oct. | YTD |
|--|-------------|-----------|
| 11th Step Candlelight | | |
| 2121 Beginner Workshop | | \$0.00 |
| 24 Hours A Day | | |
| 417 Group | | |
| A Vision For You Group ABC Group | | |
| Abc Group | | |
| Ahwatukee Nooners | | |
| Ahwatukee Saturday Men's | | |
| Ahwatukee Women's Group | | |
| Arbor Daily Noon Group | | |
| As Bill Sees It | | |
| Attitude Adjustment Ahwatukee Attitude Adjustment CG | | |
| Attitude of Gratitude | | |
| Basic II | | |
| Bloopers | | \$110.00 |
| Bootstrap Men's | | |
| Both Books | | |
| Breakfast Club | | |
| Busted Ego By The Book | | |
| Chandler Men's Stag Group | • | • |
| Chandler Noon Group | | |
| Chandler Women's Big Book Gro | oup\$212.85 | \$908.01 |
| Cold Coffee Group | | |
| Common Solution | | |
| Common Thread | | |
| Copper Basin Group Courage To Change | | |
| Depth and Weight | | |
| East Valley Men's Stag | | |
| East Valley Veterans | | |
| Easy Does It Group | | |
| Eye Opener Group | | |
| Family Recovery Group Feelings & Solutions | | |
| Fill in the Blank | | |
| Firehouse Meeting | | |
| Florence Group | | \$0.00 |
| Friday Night BB, Step Study | | |
| Friends Of Bill W. | | |
| Get It TogetherGilbert Gals | | |
| Gilbert Group | | • |
| Gold Canyon 12 X 12 Group | | |
| Good Ol' Back to Basics | | |
| Grateful Dames | | \$0.00 |
| Grateful Girlfriends | | |
| Gratitude Group | | |
| Great Start | | |
| Happy Hour @ Sunbird | | |
| Into Action | | |
| Keepin It Real Ladies | | |
| Last Resort | | \$30.00 |
| Life In The Big Book | | |
| Maricopa 12 X 12 | | |
| Maricopa Group | | |
| Mid-Morning Group Monday Night Madness | | |
| Morning After Group | | |
| Name In The Hat | | |
| New Beginnings | | |
| New Hope Group | | |
| New Spirit Group | | |
| No Name AA Group | | |
| Opportunity Knocks Page A Day | | |
| | | ψ1,0±0.10 |

| GROUP | Oct. | YTD |
|---|----------|-------------|
| Pioneer Group | \$53.72 | \$306.32 |
| Price Is Right | | |
| Primary Purpose Group | | |
| Prime Time | | • • • • • |
| Progress Rather Than Perfektion | | · · |
| Putting God First Queen Creek Nooners | | |
| Re-Awakening Group | | |
| Remember When | | |
| Renewed Spirit | | |
| Rising Spirit | | \$504.45 |
| Road To Recovery | \$50.00 | \$5,055.88 |
| Rock Solid | | |
| San Tan Men's | | · · |
| Second Chance Group | | |
| Seniors In Sobriety-Tempe disbanded | | |
| Serenity At Six | | |
| Sisterhood Of Solutions | | • |
| Sobriety is Gold | | • |
| Sobriety Rocks | | |
| Society Group | | |
| Solutions Group | | \$0.00 |
| Some Are Sicker Than Others | | \$500.00 |
| Southeast Valley Stag | | · |
| Spirited Women | • | · |
| Step By Step Group | | |
| Stepping Stones | | |
| Sunday Afternoon Step | | |
| Sunday Night BB Step Study Sun Lakes Women Serenity Seeker | | |
| Sunland Serenity Seekers | | |
| Sunset Group | | |
| Tempe Group | | |
| Tempe Nooners | | |
| Tempe Sunrisers | | \$0.00 |
| Tempe Young People | | |
| The Library | | |
| The Real Thing | | |
| The Way Out Group | | |
| Thursday Night Step Group Tuesday Night Steppin Out | | |
| Tuesday Night Steppin Out | | |
| Tumbleweeds Group | | |
| Upon Awakening | | · |
| We Ain't Dead Yet | | |
| We Agnostics | | \$224.00 |
| We Can Group | | \$0.00 |
| Wednesday Night Step | \$250.00 | \$400.00 |
| Wednesday Night Winners | | |
| Welcome Home | | |
| West Chandler Men's | • | • • • • • |
| Who's Driving Your Bus? Wolf Pack Group | | |
| Women in Gratitude | | |
| Women in Solution | | |
| Women in Touch | | |
| Wonder Women | | |
| *Anonymous Groups | \$868.12 | \$1,238.04 |
| OTHER GROUPS/COMMITTEE | | |
| Apache Lake Campout | | \$126.36 |
| 54th International Women's Conf | | |
| Dist 08-818 | | · · |
| Dist 08-819 | | • |
| ASCYPAA | | |
| Group Totals\$ | | |
| EVI Committees | | |
| Individual Contributions | | |
| GRAND TOTALS \$ (*Group contribution with no group name lis | | \$63,770.47 |
| Croup contribution with no group name its | wa) | |

BALANCE SHEET October 31, 2019

PROFIT & LOSS STATEMENT October 2019

| Assets | |
|---------------------------|--------------|
| Current Assets | |
| Checking | 5,024.60 |
| Prudent Reserve (Savings) | 33,367.99 |
| Accounts Receivable | 1,308.65 |
| Inventory Asset | 20,607.78 |
| Undeposited Funds | 0.00 |
| Fixed Assets | |
| Cash On Hand | 50.00 |
| Office Equip/Furnishings | 22,538.00 |
| Depreciation | (-22,538.00) |
| Total Assets | \$65,389.71 |
| Liabilities & Equity | |

| 35 Group contributions totaling 1 Individual contributions totaling Integration Rusiness Meeting & | \$5,292.38 \$38.00 |
|--|-----------------------|
| Intergroup Business Meeting & Service Committee's 7th Tradition | \$139.00 |
| Total Contributions | \$5,469.38 |
| Total Income | \$10,942.14 |
| Less total Cost Of Sales | \$4,286.01 |
| Gross Profit | \$6,656.13 |
| Less total Expenses of | \$6,647.98 |
| il . | |

Liabilities

Accounts Payable 0.00 Visa Credit Card 0.00 Payroll taxes 97.72

Total Liabilities \$97.72

Equity

Opening Balance Equity 43,778.94
Retained Earnings 6,731.99
Net Income 14,781.06

 Total Equity
 \$65,291.99

 Total Liability & Equity
 \$65,389.71

The current Prudent Reserve balance is \$33,367.99 The Prudent Reserve has been established for 2019 in the amount of \$24,825.87

\$8.15

\$14,781.06

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Ron S. EVI Treasurer

Net Oct. Gain

YTD 2019 Gain

Traditions Checklist

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

- 1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
- 2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
- 3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- 4. Do I ever try to get a certain AA group to conform to my standards, not its own?
- 5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
- 6. Does my personal behavior reflect the Sixth Tradition—or belie it?
- 7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
- 8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart?
- 9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
- 10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
- 11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
- 12. What is the real importance of me among more than a million AAs?

East Valley Intergroup Business Meeting Minutes

November 15, 2019

Meeting Opened at 7:00 PM by Tom with a moment of silence and serenity prayer.

12 Traditions ready by - Keith

INTRODUCTIONS: Your attendance and participation are appreciated, and visitors are always welcome!

Intergroup Representatives:

New Reps: Wesley - East Phx Mens Stag, Neil - No Name, Charlie R. - EV Men's Stag (Alt), Summer - Women In Touch

Dave M. 417, Heidi G. Ahwatukee Group, Mike G. Ahwatukee Saturday Men's, Thom S. Arbor Group, Elizabeth C. Bloopers, Gabi N. Both Books, Eddie M. Bootstraps Men's, Gary L. Chandler Noon, Thomas O. Common Thread, Dr.'s Nightmare Ryan D., Phil F. Easy Does It, Bert L. Family Recovery Group, Shirley M. Gilbert Gals, Mallory E. Grateful Dames, Dom M. Men's Shade Tree, Vicki B. New Spirit Group (Alt), Neil B. No Name Group, George C. Road to Recovery, Shari L. Sobriety is Gold, Christel A. The Society, Tom M. Southeast Valley Stag, Judy A. Sun Lakes Women's Serenity Seekers, Monica S. Sun Lakes Women's Serenity Seekers, Deana E. Sunset Group, Ken C. Sunset Group (Alt), Beth H. Tempe Sunrisers (Alt), Pat C. The Way Out, Eddie C. Tumbleweeds Group (Alt), Jim M. WADY, Jill S. We Agnostics, Sandeep M. Welcome Home, Deborah B. Women in Gratitude,

Committee and other Trusted Servants: (N/P = Not Present)

Secretary's Report: Andrea M, Report in Packet, New Reps-please sign in and update sheet on back table. Did anyone get the reminder? Sorry, I sent it out today. I needed a reminder to send the reminder! Motion to accept – Mike, 2nd – Beth, All-approved

Treasurer's Report: Ron S. - Report in Packet. We had a check come in without a name. It had a GSO group number but we cannot track that number. Please check the group contribution list and let us know if this was your group. On page 7 of the report, October was a good month. Gross Profit -

7th Tradition: \$.00

Chairperson's Report: Tom - nothing to report tonight. We will keep things moving due to new business and elections.

Vice Chair's Report: Chuck – Report in Packet. Will highlight just a couple things. How many have GSR reps at home group? Be sure to ask your current GSR what topic B items will be discussed next year. My report has a few typos. I listed Kathy as CPC; it is actually Syd B.

Office Manager: Kim – Report in Packet. Welcome home to all our winter members! 560 requests for information in October. It is picking up and we do receive more phones calls at the office. Google stats really picked up. We placed a very large literature order for all your holiday shopping needs!! Please support your local Intergroup and purchase your literature at the office. WE provide the best pricing- better than Amazon. If you are really far out, then we will ship it to you. Please inform your groups about the Meeting Guide App. It pulls information directly from local meeting lists. AAWS considering putting a Meeting Finder on their website that would operate similar to app. Service day next month on the Friday 22nd. We are doing the Holiday Event Schedule. If your group is planning an event or Alcathon, then please contact me with information.

Tom- Any information regarding an dormitory staying? Kim- no, but campground and RV will be up on early 2020.

Gary-Quick question, all club meetings are listed twice. Kim-It could be listed slightly different on SRI, so both appear.

STANDING COMMITTEE REPORTS

PI/CPC: Mark – Report is in packet, in the report the sub committees are lised and it explained what each sub committees does. The committee meeting is on Dec 2nd at 7PM

Special Events: J – Thank you for Upon Awakening for hosting speaker meeting last month. Ahwatukee Women's will be hosting Dec 6th. Three big events coming up!

Day of Service -Day of service was a success. It was an average year and about 40 attendees for the speaker

Thanksgiving Alcathon – Wednesday 26 thru Friday 28 until noon. Event will be held here at Epiphany. Flyers in the back!! Check the website! Meetings are on the odd hours. Two slots are still available Friday Midnight – 4am, Thursday Noon - 4

New Year's Eve Dance and Dinner – will be held here at Epiphany, 2222 S. Price Rd! We don't have all the details, so this would be a great opportunity for you to come join the Special Events committee and help us nail down the details for this event. Don't leave tonight with tickets! \$15.00

Phone Committee: Beth - We do need phone volunteers. Please take back to groups. We are here for phone training. Thank you!

Unity Committee: Bill – If you're a new rep here from a Unity visit, please stop and talk to me. We still need volunteers on the committee. Unity meets the 3rd Friday.

Sponsorship Workshop: N/P - Next workshop is in January

Newsletter Editor: Rick – We are always looking for local writers to submit stories. We do a have new section in the Newsletter called Meeting of the Month. Please write up 150-200 words with as much information about your meeting. Send submissions to info@aamesaaz.org.

Literature: N/P

LIASION REPORTS

Alanon Liaison: Rosemary – We had our biggest fundraiser last weekend and it was great success! No family recovery night this month – we need to rest.

H&I Liaison: Mike – Awareness Day is Nov.30th from 10AM-5PM at Kiwanis Park. It is \$5 donation or donate a Big Book. Elections are next month and lots of opportunity for service. Business meeting is the 2nd Wednesday of every month. How do we get a Pink Can? Show up at the H&I business meeting.

Spanish Liaison: Marge - I would like to practice the spirit of rotation and ready to pass this position on to someone else.

Zonypaa Liaison: Ryan – Megan couldn't' make it tonight. The Sedona Event in October had about 75 attendees. The main thing is the Young People in Sedona got plugged into the event. Our goal to reach to those communities that don't have much of an AA presence. We will be at the SRI Christmas Alcathon at 8PM, Come on down and check the energy the Young People bring to events. We'd like to see you!

Sub District 08-818: Michelle – elections held last month. Drunks Like Us event at GIT is Dec 7th. Dave B is the speaker.

Sub District 08-819: Jason – We also had out elections last month. Lois L is DCM and is Alt DCM. If you don't have GSR, please see me after the meeting. We would like to see your group represented at the meeting. Elections are next month.

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Business Meeting Minutes Continued

Sub District 08-820: Carol - Dan K is new DCM and Bill D is new Alt DCM, We will be electing Sec and Treasurer at December meeting.

OLD BUSINESS:

Vote - 2020 Budget

Tom- Any questions on the budget before we vote? No questions? NO Discussions?

Beth- how do you come up with projected group contributions for 2020?

Ron-I'm glad you asked. Look at total group contributions in September (when budget was put together). Divide that number by 9. We then backed out \$3000.00 because of the large contribution made by Womens International Meeting at beginning of the year. It is a simple calculation, but works.

You know, there are three kind of people in the world: Ones that can count and ones that can't. (Lots of laughter)

Tom- no further questions we will go ahead and vote. 31 yes, no opposed. Budget passes unanimously

NEW BUSINESS:

Vote – 2nd Motion from Steering Committee

Motion- To form a committee headed by Kim with authority to investigate, negotiate, and lease a new office space for East Valley Intergroup Office based on the following parameters:

- 1. Area: Location for search will be from Southern to Baseline and Alma School to Val Vista.
- 2. Budget: Target contingent on 2020 Budget approval
- 3. Move In Costs: Expenses will be within the confines of the excess Prudent Reserve
- 4. Time: Within 4 Months.

Tom – The spirit of this motion was presented a few months ago. You went back to our groups and it came back that you would support an office move. This is why we are presenting a 2nd motion.

Questions? None Vote - 31 yes, no opposed, motion passes unanimously

ELECTIONS-

Tom - There were nominations forms, Any submissions now? none

Chair: No nominations from the floor.

Chuck E- Would like to nominate Tom N as chair, Gary L - 2nd, yes-unanimous

Vice Chair: Jason- I would like to nominate Larry S. Larry S. is not available. Mike- I nominate Dave K. Dave K is not available. Wesley- I will have 5 years in Dec. I will nominate myself. This is my first time serving in EVI.

Treasurer: We have two nominations.

Eddie C. – My sobriety date is March 15th 1985, my home group is Second Chances, My sponsor is Denis M. I volunteer at the office, I have served on the Steering Committee as Advisor to Unity Committee. I have a background in accounting a I was a controller for 35 years, and I was the CFO for two businesses. I have been retired two years and looking for something to do in service. My wife of 40 years also thinks I need something to do. (hahaha).

Ron S. – current treasurer, I had a great year. I learned a lot. I brought a sponsee to the meeting about 13 months ago. Everybody was sitting on their hands, so I was like why isnt' anyone standing. So, instead of talking I stood for the position. It has a been pretty good experience. My first service job was cooking hot dogs for the dance. I have been all over EVI service. I am available for the two years. I want to be a transparent as we can. I don't have a degree in accounting, but I can count. Vote - Ron elected by body.

Secretary – Gabi- I nominate myself for secretary. My sobriety date is Dec. 17, 2000. My interest is to understand EVI better. Also, in the spirit of a happy home life, I could spend more time with husband. I have a lot of sobriety, but would like to expand my experience in this service. Vote – yes, unanimous.

Advisor to PI/CPC: Deana- I have been serving on EVI for the past few years. Enjoy being of service. Vote – yes, unanimous

Advisor to Special Events: Segrid – I nominate Gary L. Gary L accepts nomination. I have been active in service my entire time in sobriety. I have served in pretty much every level. I am rotating out as EVI rep and I want to stay active in the Intergroup. Vote – yes, passes unanimous

Advisor to Phones: Larry S. nominated. I am Larry S. My sobriety date is April 7th, 1993. I have serviced as a EVI rep, Unity, and Chair. I am available and willing to service. Vote – yes, unanimous.

Advisor to Unity: Jason- I nominate Barb. Barb accepts. Vote - unanimous yes!

ANNOUNCEMENTS:

Marge- Election for Liaisons? Tom - Those are appointed and will circle back next month

Sherry- New meeting that needs support in AJ. Located at Apache Junction Health Center, 2012 W. Southern Ave, Apache Junction, AZ 85120. Meets on Sunday afternoons at 1PM. Please sign in at front desk with information of Dave S in Room 57

Ron – The Way Out has been meeting at the same location for 10 years. But we are moving to 1540 Recker Road, All Saints Catholic Church. Come visit our new location, we are a great meeting!

Upper

Group Problems & Solutions: none

Close Meeting: Motion to close - ALL!!

Thank you, Andrea

Twelve on 12 Page 12

We've All Got a Story to Tell

From the January 1998 Grapevine.

Very early in my sobriety, my sponsor decided I was going to help him run an AA meeting in the local prison. He had volunteered to start a meeting there because no one else wanted to take it on. He told me, "We're chairing a meeting at the Alhambra prison beginning this Thursday night. Then in a few months, you will be giving the AA introduction briefings on Tuesdays."

My first thought was that I had nothing to offer at that facility. I hadn't gone to prison though I had been jailed for driving while intoxicated. I told him what I was thinking and he said, "Don't worry about it, you'll do fine."

As the time grew nearer for the meeting, I became more apprehensive, but I knew that my sponsor would not let me out of it. We went to the prison and met the inside sponsor, the local chaplain. I was happily surprised to find that the meeting was like any other I had attended except for the locked doors and guards outside.

There were only five of us at the meeting so everyone shared. I talked about getting arrested for a DWI on the way to do harm to my wife. I described calling her and hearing a man's voice. Although we were separated and she had started divorce proceedings, I completely lost it. I remembered charging out of my apartment with the intent to kill them both. My story ended with me coming out of a blackout in a jail cell. I had blood on my clothes and no recollection of what had happened. When I asked the guards why I was there, they just said, "Shut up." The computer system used for booking was down, and it took over thirteen hours for me to find out how I had gotten there, and just what I had done. They finally booked me, and I learned that I hadn't hurt anyone. I was so relieved that I started laughing. The booking officer asked me, "What's so funny?" I told him, "You wouldn't understand."

After the meeting, one of the prisoners came up to me and angrily asked me what the chaplain had told me about him. I said I didn't know what he was talking about. He stared at me for a long time and then said, "That was my story you told tonight. The only difference was that there was no cop to stop me and I killed them both." I felt as if he had hit me in the stomach.

At that moment I knew that I owed the cop who had arrested me a thank you. I also knew that there was nowhere in AA I couldn't go.

-- G.P. Phoenix, Arizona

An action word

One day this week, my telephone rang. It was the Alcoholics Anonymous office here in Tucson. Someone wanted help to step drinking. I suggested that she and I go to a meeting as soon as possible. I asked her if she was drinking. She said, "No." I asked her if she was willing, just for that day, to not drink. She said, "Yes." I asked her if she was willing to meet me forty-five minutes before the start of the meeting I was taking her to, Again, she said, "Yes".

Today, I am her temporary sponsor. She is willing to take suggestions, and she has the willingness to not drink, one day at a time. At the time of this letter, she has accumulated five days. What a miracle.

Situations like this really do keep me sober. If it weren't for our central AA office, I never would have had this opportunity. I have been taught that it is vitally important to pass the message on--giving it away is being grateful, and "gratitude is an action word."

-- Anonymous Tucson, Arizona

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